

# WORK WEAR SIZING CHART

## MENS RANGE

<b>Trousers – Regular</b>													
To fit waist size – cm		77	82	87	92	97	102	107	112				
To fit waist size – inches		30	32	34	36	38	40	42	44				
Inner leg – cm		81	82	82	83	83	84	84	85				
<b>Trouser – Stout</b>													
To fit waist size – cm				87	92	97	102	107	112	117	122	127	132
To fit waist size – inches				34	36	38	40	42	44	46	48	50	52
Inner leg – cm				78	79	79	80	80	81	81	82	82	83
<b>Trousers – Long</b>													
To fit waist size – cm		74	79	84	89	94							
To fit waist size – inches		29	31	33	35	37							
Inner leg – cm		83	84	86	87	88							
<b>Jeans</b>													
To fit waist size – cm		77	82	87	92	97	102	107	112	117	122		
To fit waist size – inches		30	32	34	36	38	40	42	44	46	48		
<b>Shirts</b>													
Size	XXS	XS	S	M	L	XL	2X	L3XL	4XL	5XL	6XL		
To fit neck size – cm	34	36	37/38	39	41/42	43/44	46	48	50	52	54		
To fit chest size – cm	80	85	90	95	100	105	110	115	120	125	130		
To fit chest size – inches	32	34	36	38	40	42	44	46	48	50	52		
<b>Jackets</b>													
Size		S	M	L	XL	2X	L3XL	4XL	5XL	6XL			
To fit chest size – cm		90	95	100	105	110	115	120	125	130			
To fit chest size – inches		36	38	40	42	44	46	48	50	52			
<b>Overalls – Regular</b>													
To fit waist size – cm		77	82	87	92	97	102	107	112	117			
To fit chest size – cm		85	90	95	100	105	110	115	120	125			
To fit waist size – inches		30	32	34	36	38	40	42	44	46			
To fit chest size – inches		34	36	38	40	42	44	46	48	50			
Imperial Size		3	4	5	6	7	8	9	10	11			
<b>Overalls – Stout</b>													
To fit waist size – cm					92	97	102	107	112	117	122	127	132
To fit chest size – cm					100	105	110	115	120	125	130	135	140
To fit waist size – inches					36	38	40	42	44	46	48	50	52
To fit chest size – inches					40	42	44	46	48	50	52	54	56
Imperial Size					4¼	5¼	6¼	7¼	8¼	9¼	10¼	11¼	12¼
<b>Overalls – Long</b>													
To fit waist size – cm		74	79	84	89	94							
To fit chest size – cm		84	89	94	99	104							
To fit waist size – inches		29	31	33	35	37							
To fit chest size – inches		33	35	37	39	41							
Imperial Size		3¼	4¼	5¼	6¼	7¼							

## WOMENS RANGE

Shirts & Trousers	6	8	10	12	14	16	18	20	22	24
To fit neck size – cm	35	36	37	38	39	41	42	43	44	45
To fit bust – cm	80	85	90	95	100	105	110	115	120	125
To fit waist - cm	67	72	77	82	87	92	97	102	107	112
To fit hips – cm	87	93	98	103	108	113	118	123	128	133



### MEASUREMENT TIPS

**FOR A COMFORTABLE FIT IT IS IMPORTANT TO MEASURE CORRECTLY. WHEN MEASURING MAKE SURE THE TAPE IS LEVEL AND NOT TIGHT.**

- NECK** Measure around the neck where the top of the shirt collar would sit - leaving room for comfort.
- CHEST/BUST** Standing naturally, measure around the fullest part of the chest and shoulder blades. Measuring under arms.

- WAIST** Measure over undergarments around your natural waistline.
- INNER LEG** Measure from the crotch to the heel of the shoe

